

Seniors, on Monday September 24th, you will meet with the Herff Jones representative to order your cap & gown for graduation. The meeting will be held at 10:00 in the PAC.

There will be a meeting for current members of National Honor Society after school on Wednesday, September 26th in the library.

The girls cross country team finished 2nd at Indianola on Thursday. Macy Gaskill finished 3rd, Erin Van Quathem 11th, Brie Ruch 12th, and Abby Huls 16th. In the JV race, Jaden Scharingson was the individual champion, Mykenna Cole was 4th, and Julia Martinez-Lohf was 6th. The girls run at Knoxville on Tuesday and Wartburg on Saturday.

Chess Club meets in room 112, Mrs. McCulley's, after school the second and fourth Monday each month. We will meet on September 24. All grades and all skill levels are welcome. Stop by Mrs. McCulley's class if you have questions.

The PSAT will be given at UHS on Wednesday, October 10, from 8:00 am - 12:00 pm. This is a practice test for the SAT and is also the entrance exam of the National Merit Scholarship program for students in the class of 2020. The test is available to any junior, sophomore or freshman student, with priority given to junior students who register by October 2nd. Freshmen and sophomores who register will be placed on a wait-list and will be notified on October 3 whether or not they will test. The cost is \$17, payable by cash or check to UHS. Seating is limited. All students desiring to test should register with Mrs. Gibson in the counseling office as soon as possible. See your counselor with questions.

The Urbandale Food Pantry is looking for high school volunteers, specifically in the afternoon. If interested in volunteering and helping the community stop in and touch base with Eileen. The Urbandale Food Pantry is located in the Cedar Ridge Shopping Center on Douglas.

College visits next week: on Monday, Monmouth College at 8:50 and Columbia College-Chicago at 9:35, and on Tuesday, Coe College and University of Dubuque at 9:35 and Grand View at 10:55. Please see Mrs. Gibson in the counseling office for a pass if you would like to attend.

No lunch trays are allowed in the LMC.

Have a great day!